

Updated 7/2/25 – 6:45 am

**STARTING DATES - Tryouts/Practice - FALL 2025**

**WEST SENECA WEST**

You MUST register for your sport on Parent Portal (registration open July 28<sup>th</sup> to August 7<sup>th</sup> ONLY) – [CLICK HERE](#)

**SUMMER WEIGHT ROOM**

All incoming students (grades 7-12)

Weight rooms at each High School will be open

Mon-Thurs, June 30 to August 14, 2025

Hours: Girls 8:00 – 9:30 am

Boys 9:30 – 11:00 am

VARSITY & JV CHEERLEADING	Erika Murphy (Varsity) / Shaye Kozminski (JV)	Mon, Aug 18 @ Wild All Stars Gym 12PM-4:30PM
VARSITY FOOTBALL	Mike Vastola / Kyle Haettich / Chuck Tilley	
JV FOOTBALL	Matt DiFlavio / Tyler Perna / Doug Weiss	
MODIFIED FOOTBALL	Mike Barone / Ron Gang / Sam Sebastian	
GIRLS MOD SOCCER	Jennifer Bell	Wed, Aug 27 3:30 – 5:30 pm Thurs, Aug 28 8:00 – 10:00 am Fri, Aug 29 8:00 – 10:00 am All at West Middle soccer field
BOYS VARSITY VOLLEYBALL	Brett Widman / Nick Sere day (Asst. Var)	Mon-Sat, Aug 18-23 8:00 am – 10:00 am West Sr - Gym
BOYS JV VOLLEYBALL	Josh Henderson	
BOYS MOD VOLLEYBALL	Mari Garry	Tues August 26 1:30 - 3 meet at tables by the gym ready to play Wed, August 27 1:30 – 3:00 Thurs, August 28 9:30 – 11:00 Fri, August 29 11:00 -12:30 Tue, September 2 No practice Wed, September 3 3:45 - 5:15 Thurs, September 4 2:30 – 4:00 Fri, September 5 3:45 - 5:15
GIRLS VARSITY & JV VOLLEYBALL	Hannah Boltz (Var) / Sue Deitz (Asst. Var) TBA (JV)	Mon-Fri, Aug 18-22 3:30 – 5:30 pm West Sr - Gym
GIRLS MOD VOLLEYBALL	Ashley Bonetto	<a href="#">WSW Girls Modified Volleyball Info</a>